
*Thank you for choosing
Lafayette Surgical Specialty Hospital!*

*Our doctors and staff are dedicated to
clinical excellence, patient safety, and
making every visit a welcoming and
satisfactory experience.*

*Patients, visitors, medical staff, or
employees who have concerns about
safety or quality of care provided may
report these concerns to hospital
Administration, the Department of
Health and Hospitals (Louisiana)
and/or the Joint Commission.*

*Hospital Administration – dial 0 from
within or 337-769-4100 from outside*

*Department of Health and Hospitals
Health Standards Section
Phone: 225-342-0138
Fax: 225-342-5073
Email: HSS.Mail@la.gov*

*The Joint Commission
www.jointcommission.org/report_a_complaint.aspx
Fax: 630-792-5636
Mail: Office of Quality and Patient Safety,
The Joint Commission
One Renaissance Blvd
Oakbrook Terrace, IL 60181*



**LAFAYETTE
SURGICAL**
SPECIALTY HOSPITAL
— PROUDLY PHYSICIAN OWNED —

*1101 Kaliste Saloom Road
Lafayette, LA 70508 337-769-4100
www.lafayettesurgical.com*

General Information

Visitation: Visitation may be limited or restricted due to public health or other emergencies.

No Smoking Policy: LSSH is a smoke-free campus; no smoking is allowed on the property.

Electrical Equipment: For safety reasons, please check with a staff member before using any electrical equipment brought from home (curling irons, blow dryers, razors, etc).

Meals: Meals and snacks are provided to all patients. Guests staying overnight can purchase a meal. There are also vending machines in the lobby for visitors.

Security: We provide security for your safety and peace of mind. Let us know if you have any security concerns during your stay.

Bring to the Hospital:

- Driver's license
- Insurance card(s)
- Method of payment for deposit (credit card, cash, check)
- Living will/advanced directive
- All medications in original bottles
- Medical equipment used regularly (CPAP, cane, walker, braces)
- X-ray/MRI/CT studies
- Important papers from your doctor

Leave at Home: Jewelry, valuables, etc.

Before Your Surgery

You may be required to have a Pre-Admission visit that includes a nursing history, labs, x-rays, and/or an EKG. **Please call 769-4168 to make a Pre-Admission appointment.** Hours of operation are Monday through Thursday 8:30 am-4:30 pm and Friday from 8:30 am-2:30 pm.

You may be required to have a COVID-19 test prior to your procedure.

Preventing Complications

- Stop smoking at least one month before your procedure.
- Absolutely NO SMOKING after midnight the night before your procedure.
- There isn't one right way to quit smoking. Create a custom plan to quit smoking at smokefree.gov or call the quitline 1-800-QUIT-NOW (1-800-784-8669).
- If you drink alcohol, stop drinking at least 2 days before your procedure.
- If you need help with alcohol addiction, go to www.aa.org for guidance on the recovery process and to find Alcoholics Anonymous resources near you.
- Take your medications as prescribed by your doctor.
- Ask your doctor what you should stop taking and when.
- Make sure your vaccinations are up to date.
- Make sure your anesthesia team knows about your health history, including any medication allergies, loose teeth/dental bridges, serious illnesses, or any problems you or your family has had with anesthesia in the past.
- Walk or move around out of bed as soon as possible after surgery.
- Turn, cough, and take deep breaths after surgery to prevent lung infections like pneumonia. Hold a pillow tightly against your stomach while coughing or deep breathing to help avoid discomfort.
- Move your leg and arm muscles often to keep blood flowing and prevent blood clots. Your doctor may also prescribe compression devices for your legs.
- Do not cross your legs.

For Your Safety

Fall Prevention:

If you are identified as high risk for falls, preventive measures will be taken, and additional education will be provided to you.

Medication Management:

A barcode system is used to ensure you receive the correct medication and dose at the correct time. Nursing staff will ask your name / date of birth and check your armband before giving you medications. Before discharge, you will receive instructions, including side effects, on NEW medications you are given to take at home.

For Your Child

- If your child is ill (fever, wheezing, vomiting, or rash) before surgery, call your doctor.
- At midnight the night before surgery, stop all food, juice, candy, milk, formula & cereal.
- Arrange for siblings to stay with family or friends.
- Dress your child comfortably and bring a change of clothes including diapers/underwear.
- Bring a favorite toy, blanket, or cup to help comfort your child.
- After the surgery, you will see your child as soon as it is safely possible.
- Safety is our priority. We will be checking you and your child's armband frequently. Please tell us if you have any concerns.
- We will provide instructions before going home to care for your child.

Day Before Surgery

- Remove all nail polish.
- Put clean sheets on your bed.
- Do not eat or drink anything after midnight.
- Shower using the special soap and instructions.
- Do not shave the area where the procedure is to be performed. Small cuts in the skin where you shave can attract germs (bacteria) and lead to an infection.
- A nurse will call with what time to arrive, what to wear, and what to bring. If you do not get a call by 4:00 pm, call us at 337-769-4100.
- Have someone care for your children at home while you are here. Please do not bring children to the hospital with you on the day of your surgery.
- Have a responsible adult drive you home and stay with you for 24 hours after your procedure.

Day of Surgery

- Shower using the special soap and instructions.
- DO NOT put on any makeup, lotion, or deodorant after showering.
- Bring all of your medications to the hospital in their original bottles.
- If you take BLOOD PRESSURE, HEART, or SEIZURE medications every morning, please take them with a small sip of water BEFORE coming to the hospital.
- DO NOT take any other medications (including diabetic medications or fluid pills).
- Wear loose, comfortable clothes. If you are having surgery on an arm, wear a large, button-front shirt with wide sleeves. If you are having knee/leg surgery, wear shorts or pants with an elastic waist and a very wide leg.
- Arrive on time and check in with the receptionist to start the admit process.
- Read your armband to make sure it has your correct information.
- You/your family will receive updates on you and your procedure.
- Once admitted, a nurse will bring you to the PreOp Department. Visitors will not be allowed in clinical areas, except for pediatric patients.

Pain Management

- Rate your pain using a pain scale (0-10) to help us understand how severe your pain is. We use the FACES pain scale for children.
- Set a pain goal for yourself – a tolerable level you need your pain to be in order to breathe easy, comfortably get out of bed and perform activities of daily living.
- Never assume your healthcare team knows you are in pain. Communication is the key to getting you comfortable.
- Use terms to describe your pain – sharp, dull, aching, or burning. Also, tell your healthcare team if your pain is constant or if it “comes and goes”.
- Ask for pain relief BEFORE it becomes unbearable. This makes pain easier to manage.
- **Balancing pain with safety:**
 - Too little pain medication makes it difficult to move and get out of bed, but too much can increase your risk of falling or cause trouble breathing. Please know we will do everything we can to control your pain.

We appreciate your feedback.

After your procedure, you will receive a pre-stamped survey. Please complete and return this survey so we can continue to improve our quality of care.



Shower to Prevent Infection

Use the special soap we gave you **3 days in a row** to remove bacteria from your skin. If you did not get this soap, use an antibacterial soap such as Dial.

2 nights before surgery

1 night before surgery

Morning of surgery

3 showers ♦ 3 days ♦ less germs



TIPS TO PREVENT INFECTION

Handwashing is the #1 way to prevent infections. Ask those around you to wash their hands too.

Cover your mouth and nose when you sneeze or cough. Use a tissue to cover your mouth and nose or use the bend of your elbow. Be sure to wash your hands right away.

Discourage visits from family, friends, or children who may be feeling ill.

Arrange for your pets. Pets can carry bacteria that may cause an infection in your surgical wound. Wash your hands after touching or handling them.

Do not allow pets near your incision area. Keep them off of your lap and do not allow them to sleep in your bed.

Practice good oral care. Poor oral care produces bacteria that can lead to an infection in your surgical wound. Do not share a toothbrush. Visit your dentist regularly.